

# He Punahale Nō 'Oe

**Words and Music By: Albert Nahale'a**

**He Mele Aloha: 056**

**SOLFEGE:**

🎵 **Source: A Hawaiian Waltz.** This song, written by Albert Nahale'a, has become a popular Island favorite. You often hear it being dedicated to loved ones over the radio and even at weddings or a baby's lu'au. Written for the composer's daughter.

## **Sample Song List:**

Artist, Album, Date

**Keola Beamer, "Moe'uhane Kika - Tales from the Dream Guitar", 1995**

**Keoki Kahumoku & Herb Ohta, Jr., "Hana Hou", 2005**

**Sons Of Hawaii, "The Best Of Sons Of Hawaii Vol 1", 1995**

# He Punahēle Nō 'Oe

Key of C Major ( ) 3/4 Time (Waltz)

Song Structure:

I I7 ii7 IV V7 vi7

C C7 D7 F G7 A7

Verse – ?? bars

|| | ||

Hui – ?? bars

|| IV | |

-- Bridge, Repeat --

## Kika Ki Ho'alu Basic Chords (Keola's C Tuning – CGDGBE)

Keola Beamer has a very nice tablature for this song in his instructional DVD.

## Kika Ki Ho'alu Basic Chords (Taro Patch G Tuning – DGDGBD)

Diagram showing basic chords for Kika Ki Ho'alu in Keola's C Tuning (CGDGBE). The chords and their fretboard diagrams are:

- C (I)**: Root C Chord Form. Fretboard: 3 5 | 3 5 | 1 3 | E G E G C E.
- C7 (I7)**: Root C7 Chord Form. Fretboard: 3 5 | 3 7b | 1 3 | E G E A# C E.
- D7 (ii7)**: Root D7 Chord Form. Fretboard: 3 5 | 3 5 | 7b | 3 | F# A F# A C F#.
- F (IV)**: Root F Chord Form. Fretboard: 1 3 | 1 3 | 5 1 | F# A# F# A# C# F#.
- G7 (V7)**: Root G7 Chord Form. Fretboard: 5 1 | 5 1 | 3 7b | D G D G B F.
- A7 (vi7)**: Root A7 Chord Form. Fretboard: 5 7b | 5 7b | 3 5 | E G E G c# E.

## Ukulele Basic Chords (C Tuning – GCEA)

Diagram showing basic chords for Kika Ki Ho'alu in Ukulele C Tuning (GCEA). The chords and their fretboard diagrams are:

- C (I)**: Root C Chord Form. Two Cs, Two 1s. Fretboard: 5 1 | 3 1 | G C E C.
- C7 (I)**: Root C7 Chord Form. 5 Low. Fretboard: 5 1 | 3 7b | G C E A#.
- D7 (ii7)**: Root D7 Chord Form. 5 Low. Fretboard: 5 1 | 3 7b | A D F# C.
- F (IV)**: Root F Chord Form. Two As, Two 3s. Fretboard: 3 5 | 1 3 | A C F A (C).
- G7 (V7)**: Root G7 Chord Form. 1 Low. Fretboard: 1 5 | 7b 3 | G D F B.
- A7 (vi7)**: Root A7 Chord Form. 7b Low. Fretboard: 7b 3 | 5 1 | G C# E A.
- Inversion C (I)**: Inversion A Chord Form. Two Cs, Two 1s. Fretboard: 1 3 | 5 1 | C E G C.
- Inversion C7 (I)**: Inversion A7 Chord Form. 7b Low. Fretboard: 7b 3 | 5 1 | A# E G C.
- Inversion D7 (ii7)**: Inversion A7 Chord Form. 7b Low. Fretboard: 7b 3 | 5 1 | C F# A D.
- Inversion F (IV)**: Inversion D Chord Form. Two Cs, Two 5s. Fretboard: 5 1 | 3 5 | C F A C.
- Inversion G7 (V7)**: Inversion E7 Chord Form. 3 Low. Fretboard: 3 7b | 1 5 | B F G D.
- Inversion A7 (vi7)**: Inversion G7 Chord Form. 1 Low. Fretboard: 1 5 | 7b 3 | A E G C#.

Performance Notes: This is a slow and beautiful waltz. Keola Beamer has a very nice arrangement and tablature of this song in his teaching DVD.

# He Punahēle Nō 'Oe

♪ Intro ♪

Verse:

**C**                    **A7**                    **D7**  
| He Puna-|-hele | nō 'oe | |

*You are a favorite*

**G7**                    **C**                    **G7**  
| Na | ka | makua | |

*Of your parents*

**C**                    **A7**                    **D7**  
| Pulama | 'ia me | 'oe | |

*Cherished*

**G7**  
| Me | ke | aloha

*With love*

Hui:

**C7**                    **F**  
| He | wahine | u'i

*A pretty young girl*

**D7**                    **F**                    **G7**  
| A | he pua | na-|-ni

*Like a beautiful flower*

**C**                    **A7**                    **D7**  
| Ma ku'u | poli mai | 'oe

*Upon my bosom you are*

**G7**                    **C**  
| Ku'-|-u | lei

*My lei*

♪ Instrumental Bridge ♪

Additional Verse:

**You are a beautiful lady**  
**Child of my heart**  
**You were a beautiful baby**  
**Right from the start**

Hui:

**You're so sweet and lovely**  
**Like a pretty flower**  
**Close to my bosom I'll hold you**  
**Baby mine**